

	Monday April 23	Tuesday April 24	Wednesday April 25 Asparagus Festival	Thursday April 26	Friday April 27
Soup 8oz \$2.00 12oz \$2.65 16oz \$3.25	Mexican Chicken & Rice	Okra Gumbo*	Crab, Asparagus Bisque	French Onion Soup*	Cream Of Broccoli*
Soup 8oz \$2.00 12oz \$2.65 16oz \$3.25	Potato, Cheddar*	Chicken Noodle	House Bean*	Corn Beef & Cabbage	Mushroom Barley*
Chili 8oz \$2.55 12oz \$3.10 16oz \$3.60	Traditional Beef Chili	Traditional Beef Chili	Traditional Beef Chili	Traditional Beef Chili	Traditional Beef Chili
Main Course \$0.55 per ounce	Southern Fried Pork Chops Herbed Baked Chicken	Meat Sauce Marinara Sauce* Alfredo Sauce* Cheese Manicotti* Chicken Parmesan	Sustainable Seafood: Baked Cajun Catfish Chicken, Asparagus, Cheese Quiche Oven Roasted Turkey	Southern Fried Chicken Pulled BBQ Pork	Sustainable Seafood; Parmesan Fried Trout Tartar Sauce Garlic, Lemon Pepper Baked Chicken
STEWES & CHOWDERS SERVED WITH ARTESIAN BREAD	Vegetarian Lentil Stew, Carrots, Celery, Onions, Quinoa*	Cabernet Beef Stew, Carrots, Onions, Parsnips: Celery Root Puree	Shrimp, Bacon, Corn, Potato Chowder	Poblano Chicken Chowder, Jack Cheese, Mexican Rice	Texas Style Sliced Beef Chili (No Beans), Macaroni
Sides \$0.55 per ounce	Roasted Yukon Gold Potatoes, Garlic, Herbs* Seasoned Green Beans & Carrots* Steamed Broccoli*	Penne Pasta* Spaghetti* Garlic Bread* Buttered Corn* Steamed Broccoli & Cauliflower*	Buttered Broccoli* Turkey Gravy Steamed Green Beans & Cauliflower* Stuffing* Rice Pilaf*	Seasoned Potato Wedges* Braised Cabbage* Steamed Broccoli & Carrots*	Roasted Assorted Vegetables* Broccoli Casserole* Steamed Green Beans & Carrots* Brown Rice Pilaf*
American Melts \$5.25	Grilled Bacon, Tomato, Cheddar	Tuna Melt	Chicken Parmesan	Buffalo Chicken Wrap	Grilled Ham & Cheese, Texas Toast
Pizza \$3.50	Roasted Peppers & Onions*	BBQ Chicken	Asparagus, Prosciutto, Fontina	Tomato, Basil, Caramelized Onion*	Meat Lovers
"Fit" Specialty Salad	Lemon Poached Chicken, Asparagus, Watercress	Wild Salmon, White Beans & Lemon Salad	Curried Chicken Salad, Raisin, Almond, Bitter Greens	Fall Waldorf Salad Gala Apples, Cranberries, Butternut Squash*	Five Grain Salad, Orange, Cranberry*
"Fit" Specialty Sandwich	Cumin Crusted Chicken Breast, Wheat Pita	Grilled Chicken, Roast Pears, Cranberry Mustard, Semolina	Roast Beef, Caramelized Onions, Dark Bread	Roast Turkey, Alpine Lace, Rhubarb Chutney, Whole Wheat Roll	Za'atar Roast Vegetables, Pickled Onions, Tapenade, Pita*
Action Station	NOODLE BOWL	STIR FRY	SINGAPORE STREET NOODLES	FISH TACOS	PANZANELLA

All prices are noted on the left unless noted in the individual box. Prices are subject to change with availability of product.

*Denotes Meatless Dish