

Asparagus Festival	Monday April 23 Earth Month	Tuesday April 24 Baseball Food	Wednesday April 25 Asparagus Festival Zucchini Bread Day	Thursday April 26 Spring Salad Fling Take Your Child To Work Day	Friday April 27 Panini Friday
Breakfast Specials \$2.50 - \$5.00	Grilled Bologna, Egg & Swiss Cheese Sandwich	Apple Walnut Pancakes	Fried Egg, Bacon, Asparagus, Tomato, Cheddar Cheese, Parmesan Kaiser Roll	Green Eggs & Ham Scramble	Grilled Italian Sausage, Egg
Soup 8oz \$2.00 12oz \$ 2.65 16oz \$3.25	French Onion	House Bean, Ham	Chicken Noodle	House Bean, Ham	Maryland Crab
Soup 8oz \$2.00 12oz \$ 2.65 16oz \$3.25	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chili 8oz \$2.55 12oz \$ 3.10 16oz \$3.60	Chili Con Carne	Chili Con Carne	Chili Con Carne	Chili Con Carne	Chili Con Carne
Grill Special \$5.00 - \$8.00	Open-Faced Roast Beef Sandwich, Gravy Fries	Super Nachos	Quesadilla with Asparagus, Chopped Red Onion, Fresh Coriander, Pepperjack Cheese	Romaine Lettuce, Bowtie Pasta, Grilled Chicken, Scallions, Ranch Dressing	Fried Fish Sandwich, Lettuce, Tomato, Cheddar Cheese, Tartar Sauce
Wrap Special/Salad \$5.85 - \$6.85	Grilled Cauliflower, Red Onion, Tomato, Curried Chickpeas	Teriyaki Chicken, Mango, Pineapple, Red Cabbage	Ham, Bacon, Roasted Asparagus, Lettuce, Bleu Cheese Dressing	Salmon Salad, Tomato, Cucumber, Lettuce, Horseradish	Smoked Turkey BLT, Provolone Cheese, Ranch Dressing
Daily Hot Sub/Panini \$5.85 - \$6.85	Grilled Pork, Green Apple, Pear, Fresh Mint, Onion, Spicy Mustard	Steak, Mushrooms, Onions, Green Peppers, Provolone Cheese	Canadian Bacon, Tomato, Yellow Squash, Spinach, Provolone Cheese on Zucchini Bread Panini	Banana, Strawberries, Peanut Butter, Marshmallows Panini	Tuna Salad, Roasted Red Pepper, Cucumbers Panini
"Fit" Specialty Sandwich \$5.25	Cumin Crusted Chicken Breast, Wheat Pita	Grilled Chicken, Roast Pear, Cranberry Mustard, Semolina	Roast Beef, Caramelized Onion, Dark Bread	Roast Turkey, Alpine Lace, Rhubarb Chutney, Whole Wheat Roll	Za'atar Roast Vegetable, Pickled Onion. Tapenade, Pita
"Fit" Specialty Salad \$5.50	Lemon Poached Chicken, Asparagus, Watercress	Wild Salmon, White Beans, Lemon	Curried Chicken Salad, Raisins, Almond, Bitter Greens	Waldorf Salad, Gala Apple, Cranberries, Butternut Squash*	Five Grain salad, Orange, Cranberry*
Manager's Choice (Wednesdays)	Veal Parmesan, Mashed Potatoes, Small Garden Salad, Dinner Roll/Cornbread				

* Denotes Meatless Dish

3/29/2012