

Harkness Commons Dinner

Winter 2010

Cycle #3	Monday	Tuesday	Wednesday	Thursday	
Soup#1	Pasta fagoili	Tomato basil	minestrone	Broccoli cheese	Garden vegetable
Soup#2	Baked stuffed potato	Curry rice and lentil	Mediterranean pepper	French onion	Potato leek
Dinner Hot Buffet					
REGION	THE DAKOTAS	HAWAII	THE BAYOU	THE ROCKIES	closed
Entree	Herb Seared beef with mushroom gravy	Gingered Pepper Steak	Roasted Chicken etouffe	Lamb Stew Ala basque	closed
Fish	Salmon Tarragon Tomatoes Roasted Spanish Olives	Pacific cod Mango Slaw coconut cream	Blackened Catfish Creole Remoulade	Lemon Herb Tilapia With pinenuts	closed
Vegetarian	Potato and parsnip au gratin	Pineapple and purple potato mash	Potato croquettes	Quinoa pilaf	closed
Starch	Buttered Egg Noodles	Scallion Rice	Baked Penne Primavera	Potato Lyonnaise	closed
Veggie	Polenta Wild Mushrooms	Sesame Snap peas	Dirty Rice	Roasted Cauliflower	closed
PIZZA					
specialty	Mushroom and goat cheese	Sausage and Fennel	Meatball	Feta Cheese and Tomato	closed
grill					
Special	Meatball sub	Chicken parmesan sandwich	Hot roast beef and cheddar	Chili dog	Fish 'n' chips
Ala plancha					
daily	Chicken. Steak, salmon	Chicken. Steak, salmon	Chicken. Steak, salmon	Chicken. Steak, salmon	closed
All ala plancha items served with choice of sauce or grilled vegetable relish.					