

SALAD DRESSINGS	Serving Size	Calories	Fat (g)	Sat. Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Protein (g)
<i>Fat Free</i>								
Kraft Fat Free Italian	2 Tbsp = 1 oz.	20	0	0	380	4	0	0
Kraft Fat Free Ranch	2 Tbsp = 1 oz.	50	0	0	330	11	0	0
Red French	2 Tbsp = 1 oz.	35	0	0	210	8	< 1	0
Kraft Free French Style	2 Tbsp = 1 oz.	45	0	0	290	11	0	0
<i>Other</i>								
Hidden Valley Ranch	2 Tbsp = 1 oz.	130	14	2	260	2	0	0
Raspberry Vinaigrette	2 Tbsp = 1 oz.	60	3	0.5	310	7	0	0
Kraft Zesty Italian	2 Tbsp = 1 oz.	70	6	0.5	300	3	0	0
Honey Mustard	2 Tbsp = 1 oz.	60	0	0	310	13	< 1	1
Hellmann's Creamy Caesar	2 Tbsp = 1 oz.	80	8	1.5	280	2	0	< 1
Blue Cheese	2 Tbsp = 1 oz.	130	13	3	280	4	0	1
Oriental Sesame	2 Tbsp = 1 oz.	110	9	1.5	300	7	0	0
Kraft Thousand Island	2 Tbsp = 1 oz.	120	9	1.5	200	10	0	0
Olive Oil	2 Tbsp = 1 oz.	240	28	4	0	0	0	0
Balsamic Vinegar	2 Tbsp = 1 oz.	10	0	0	10	4	0	0

We attempt to provide nutrition information that is as complete as possible. The nutritional values are based on standard product formulations and data from our suppliers. Variations may occur due to the use of regional suppliers, seasonal influences, differences in product preparation at the unit level, recipe revisions, and other factors. This information is always subject to change and will be updated periodically.