



**Nutrition Information**

Based on data last updated on Sept. 19th  
For more information, please call 877-511-5777

			Bread Equivalents per Serving	Protein Equivalents per Serving	Serving Size	Calories per Serving	Calories from Fat	Total Fat	% Calories from Fat	Saturated Fat	% Calories from Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrates	Dietary Fiber	Sugars	% Sugar by Weight	Protein	Vitamin A	Vitamin C	Calcium	Iron	Kosher	
<b>Category Grab 'N Go Snacks</b>																									
<b>Product Type Nutri-Grain® Cereal Bars</b>																									
38000-35602	Nutri-Grain® Cereal Bar Apple Cinnamon 1.3 oz./12/8 ct.	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	24g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35645	Nutri-Grain® Cereal Bar Apple Cinnamon 1.3 oz./3/16 ct. Display	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	24g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35702	Nutri-Grain® Cereal Bar Blueberry 1.3 oz./12/8 ct.	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	24g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35745	Nutri-Grain® Cereal Bar Blueberry 1.3 oz./3/16 ct. Display	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	24g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35802	Nutri-Grain® Cereal Bar Raspberry 1.3 oz./12/8 ct.	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	24g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35845	Nutri-Grain® Cereal Bar Raspberry 1.3 oz./3/16 ct. Display	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	24g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35902	Nutri-Grain® Cereal Bar Strawberry 1.3 oz./12/8 ct.	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	125mg 5% DV	24g 8% DV	3g 10% DV	11g	30%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-35945	Nutri-Grain® Cereal Bar Strawberry 1.3 oz./3/16 ct. Display	X	0.75	0.29	37g 1 bar	120	30	3g 5% DV	25%	0.5g 5% DV	4%	0g	0mg 0% DV	125mg 5% DV	24g 8% DV	3g 10% DV	11g	30%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-50448	Nutri-Grain® SuperFruit Flavored Fusion Cereal Bar Cherry 1.3 oz./12/6 ct.		0.75	0.29	37g 1 Bar	130	30	3g 5% DV	23%	0.5g 5% DV	4%	0g	0mg 0% DV	95mg 4% DV	26g 9% DV	3g 11% DV	13g	35%	2g	750 IU 15% DV	12mg 20% DV	200mg 20% DV	2mg 10% DV	K-D	
38000-50447	Nutri-Grain® SuperFruit Flavored Fusion Cereal Bar Strawberry Acai 1.3 oz./12/6 ct.		0.75	0.29	37g 1 Bar	130	30	3g 5% DV	23%	0.5g 5% DV	4%	0g	0mg 0% DV	105mg 4% DV	26g 9% DV	3g 11% DV	13g	35%	2g	750 IU 15% DV	12mg 20% DV	200mg 20% DV	2mg 10% DV	K-D	
<b>Product Type Nutri-Grain® Yogurt Bars</b>																									
38000-12065	Nutri-Grain® Yogurt Bar Strawberry 1.3 oz./6/8 ct. Retail	X	0.75	0.29	37g 1 Bar	130	30	3.5g 5% DV	23%	0.5g 5% DV	4%	0g	0mg 0% DV	110mg 5% DV	25g 8% DV	3g 10% DV	12g	32%	2g	750 IU 15% DV	0mg 0% DV	200mg 20% DV	2mg 10% DV	K-D	